







Recycle Cycles Presents 2017 Spring Bike Repair Workshops

Come learn how to do in depth bicycle repair.

No experience necessary. You don't even need a bike!

Workshop Descriptions		
Bike Repair 101	An introduction to parts of a bike, common tools, how to do a basic safety check and how to patch a tube! *bringing your bike to this workshop is recommended, but not required*	
	An introduction to parts of a wheel, how to adjust/overhaul a hub, and how to align/ true a wheel.	Wheel Time
All about brakes!	Learn how to set up, maintain, repair and investigate Cantilever, V-brake and Caliper Brakes. Time permitting, disc brake adjustment and maintenance will be introduced.	
	Learn how to adjust, maintain, and solve common issues with your gears. We will cover types of shifters, parts of shifters and derailleurs as well as shifting techniques.	Let's get Shifty!

Session 1 – Wednesdays 6:30 – 8:30PM

Apr 5 Bike Repair 101
Apr 12 Wheels
Apr 19 All about brakes!
Apr 26 Let's get Shifty!

Session 2 – Wednesdays 6:30 – 8:30PM

May 17 Bike Repair 101
May 24 Wheels
May 31 All about brakes!
Jun 7 Let's get Shifty!

Stay tuned for summer workshops!

Registration details:

You can sign up for one or multiple workshops- you don't have to sign up for all of them.

A 5 dollar registration fee is required to sign up for each workshop, with a suggested 5-10 dollar donation at the time of workshop. Space is limited to 6 per session, so sign up early!

For more information, email recyclecycles@theworkingcentre.org or call us at 519-804-2466x1.

To register, please visit our location **behind 256 King St. E.** in downtown Kitchener.



