GOOD WORK NEWS

The Working Centre, 58 Queen St. S. Kitchener, ON N2G 1V6

Issue 105

June 2011

Subscription: A Donation Towards our Work

Inside This Issue:

- 22nd Annual Golf Tournament
- Thank You to Our Generous Supporters
- Jim Erb's Extended table
- A True Master of Ceremonies
- Mayors' Dinner over 24 Years
- Memories of Dinners Past
- Robert Will Be Missed
- Six Faces of Love Film Festival
- GROW Herbal Gardens Update
- Community Access Bicycles













Gratitude

By Stephanie Mancini

As we prepare this spring issue of Good Work News there is a sense of gratitude – for the good things around us, for the warm weather approaching. We reflect in this issue on the celebration of the Mayors' Dinner, and on the many people who contribute financially to make our work possible. This makes us feel strengthened and surrounded by the wider community around us.

Our work is always very full, lively and dynamic. As the spirit of community grows, more and more people come to contribute, to find assistance, to be among

others. One person in this mix can feel daunted by how much there is to do. But none of this is the work of one person – every piece, every project, draws together the work of many people – the spirit of working together.

The Working Centre is held together as pockets of diverse activities, and these pieces weave together as a whole.

 The bike project scrambles to refurbish and repair bicycles as the spring weather gets people riding; and they explore ways to

continued on page 3

Community Access Bicycles



Kitchener's New Bike Sharing Program

The Working Centre and the City of Kitchener are working on launching a pilot project for Community Access Bicycles in downtown Kitchener over the summer. We hope to get started by early August.

Viable bike sharing needs to be inexpensive and accessible. A vibrant community can easily develop the ethic of bike sharing that makes getting around easy and convenient. We are looking for your participation to help make this happen.

See page 8 for more details.

Community Art: A Roadmap for Human Connection The Tile Project

By Rachel Wunder

Walking past The Working Centre in downtown Kitchener vou may not notice the art installation on the Charles Street side of the building amidst the construction that is transforming our roadways and city blocks. Fixtures that were once new gradually become unnoticed as we keep our city in a constant state of flux. Buildings and roadways are brought forward from the past to be changed or altered in response to shifting social dynamics and needs, so as we navigate our journeys in these engineered landscapes, we must ensure that the projects that keep our communities enriched and connected do not become fragmented or forgotten.

The Tile Project, a communitybased art venture facilitated in 1996 by Carol Bradley as part of the City of Kitchener's Artist in Residence program, proposes a tool to make our journey an opportunity to learn from each other, and create dialogue among its participants and audience. The Tile Project, which found its home at The Working Centre in 2006, can be seen as a process of reclamation where participants were given room to discover and claim their individual and collective identities as a way to recast themselves as meaningful members in the community.

The concept was wonderfully simple: each participant was given some clay which they rolled into a square tile, and then wrote, painted, or sculpted anything they wished onto its surface. The individual tiles would then be placed side by side to create a collective, quilt-like mosaic. The process began and ended over the course of several weekends in the fall of that year and saw over 260 pairs of busy hands working together to deli-

cately shape pieces of their identity on a terracotta tile.

Carol Bradley notes that both the process and product of The Tile Project were of equal importance. The product of her efforts yielded an artifact of each person's gifts and talents that could be carried forward to the larger community. The process became a display of the need for individuals to be given the tools to express themselves and develop partnerships with each other in a community context. The project called on non-artists to engage in a process with an outcome entirely shaped by their unique perspectives and experiences. In an attempt to bring out the silent, underlying issues that are generated in our society, this project was an artistic approach to give voice to some individuals who may have otherwise gone unheard.

The only constraints were that people had to visually represent their stories on a square terracotta tile, which would later be glazed in one of six colours. Some of the younger participants challenged the boundaries of this project by rebelliously writing "LSD" and other drug-related references on the surface of their tiles. However, these pieces were included alongside everyone else's in the mosaic to celebrate each story in whatever form they were presented.

The Tile Project displays community art as a way of seeing, documenting, and engaging in critical reflection to stimulate relationships among participants and viewers. Public art therefore becomes a type of creativity that uses its immediate environment as an artistic medium. The community around it becomes its frame wherein viewers are invited to reconsider their everyday sur-

Twenty-Sixth Year

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Good Work News

Good Work News was first produced in September 1984. It is published four times a year by The Working Centre and St. John's Kitchen as a forum of opinions and ideas on work and unemployment. Four issues of Good Work News constitutes our annual report. There is a circulation of 12,000 copies. Subscription: a donation towards our work.

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The Tile Project

continued from page 1

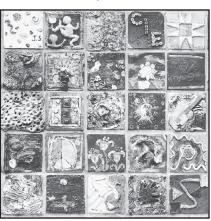
roundings. In this way, art serves to integrate those who might otherwise remain strangers to one another by valuing the attachment to its location and encouraging people to feel that they belong together.

Interestingly, the old adage about life reflecting art holds true for The Tile Project. Similar to the journeys that the tiles represent, the project itself has been on its own journey. Upon its completion in 1996, the tiles were displayed at the Kitchener City Hall during the Festival of the Night celebration in December of that year, and in 2001 the piece was installed on the Schreiter building in three separate segments where it remained until 2005. Following this, the pieces of the project were removed from their hanging, and stored in boxes un-

til they found their current home at The Working Centre in 2006. Here, the three segments were unified into one large and connected piece that was fixed to the brick wall facing Charles Street. The narrative that forms from this move, where the separated tiles of the piece are mounted on the wall of an organization that builds community, is a wonderful example of the beauty that can unfold when art projects are put to work in communities.

The arts contribute to the ways in which we experience our world and what it means to exist as members of a community. They are forms of dialogue that can respond more effectively to the ambiguous and often conflicting nature of what it is to be human. They also enable us to cultivate awareness and receptivity to people's pain, struggles, and growth. For many people, accessibility to public space

for creative expression is a rare opportunity. There are seldom neighbourhoods or communities that allow equal access to means for public communication, and therefore meaningful opportunity to document people's stories. For this reason, art is a social asset that creates opportunities for dialogue and connection between individuals in our community.



What makes The Tile Project such a triumph is its ability, through a simple framework, to use the creative gifts that are so inherently human to convey each participant's story. With many hands at work, carried forward from their own unique past and experiences, the participants collaborated to create a beautiful piece of art that would have been otherwise impossible from a single set of hands. The project shows us the power that each of our journeys can occupy when they are harmoniously placed beside those of other members of our community. This serves not only to form connections to those around us, but also to adhere the cracks that can form between ourselves and our surroundings.

Rachel Wunder has just completed a 9-month placement at The Working Centre through the Renison College Bachelor of Social Work program.



43 Queen St. S. (2nd Floor), Kitchener

Shop Hours:

Tuesday - Friday: 10am - 5pm Saturday: 10am - 2pm

Last year, Recycle Cycles repairs and recycles over 4000 bikes, including about 3200 bikes brought in for repairs, and 800 bikes sold.

Over 50 volunteers contribute over 5000 hours of labour to Recycle Cycles each year.

For more information or to book a bicycle repair time, call 519-749-9177 ext. 222 or e-mail recyclecycles@ theworkingcentre.org



Thank You To Our Generous Supporters

The Working Centre and St. John's Kitchen are grateful for the many contributions we receive from individuals, businesses, churches, schools, groups, and organizations. It is with deep gratitude that we thank those who make significant contributions to our work. We recognize in doing so that we leave out many who contribute in so many important ways to our work.

Aardvark-Vanaheim Inc., Carmeta Abbott, Aberdeen Homes, Vera Aldersley, All Saints Anglican Church, Dr. Neil Arya, Matthew & Nina Bailey-Dick, BDO Canada LLP - Corporate Office, Ross Beauchamp, Bell Canada, Dr. George & Dr. Janet Berrigan, Ray Beskau, Bingeman's, Laurie Blaikie, Blenheim Ecumenical House Church, Blessed Sacrament Parish, Bloomingdale United Church, Paul Born & Marlene Epp, Vernon Bowman, Paul Bulla, C.A.W. Canada, C.A.W. Local 1106, Marian Campbell, Canadahelps.Org, Mel & Donna Cescon, Alan Charters, J. Chin, Church of the Holy Saviour, J. Douglas & Muriel I. Coleman, Coleman Equipment Inc., Community & World Service, Congregation of the Resurrection, Cote Lock Smith, Donald Cowan, Crosby Volkswagen Ltd., Cross Country Concrete, Kenneth & Virginia Davidson, Paul W. Davock, Maureen & Patrick Beaus Duffy, Ecoplans Limited, Emmanuel United Church, Jim Erb, Erb & Good Family Funeral Home, Erb and Erb Insurance, First Christian Reformed, First Mennonite Church, First Mennonite WMSC, Fleming Barrister & Solicitor, Patrick & Noreen Flynn, William Fox, Steven Furino, Esther (Carl) Gascho, Don & Elinor Gingerich, Andrew Glenn, Rodney Goetz, Bruce Gorvett, Dorothy Graham, Ron & Lorraine Green, Ronald Green, Valerie & David Grzesiak, Walter Hachborn, Iris Hall, Dorothy Hallman, Jim & Susan Hallman, Tom & Kathy Hallman, Hallman Construction, Anna Hemmendinger, Hilltop Acres Poultry Products, Pamela Hilton, Carol Holup, Holy Cross Lutheran Church, House Fund of St. Jeromes College, Malkin Howes, Peter Hundt, ITW Foundation, Mary Jackson, Ahmet Jakupi, Jay Fencing, Esme Johnson, Susan & Terry Johnson, Dave Jolkowski, Karos Health Inc., Helmut & Carol Kassik, Cecil Kavanaugh, Richard Kennel, Cameron Kitchen, Kitchener Oktoberfest Lions Club, Kitchener Waterloo Poppy Fund, Dave & Mary Lou Klassen, Greg Klymko, Knights of Columbus #1504, Jacobus Kok, Robert Kruse, Martin Kuhn, K-W Community Foundation, K-W Naval Association, K-W Region Elks Lodge #578, Jeremy Ladan, John Langlois, R.W. Lavigne, Lear Corporation - Jeff Mayer,

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The Working Centre's Volunteer Dinner

Every month at The Working Centre, over 400 volunteers are involved in diverse projects from reception and hosting, sewing, computer repair, film making, bike repair, cooking, staffing the café and thrift store, serving and cleaning at St. John's Kitchen, and more. In November 2010, 160 volunteers gathered at St. John's Kitchen for our annual volunteer dinner.



Gratitude

continued from page 1

- develop a bike-sharing project in downtown Kitchener.
- The Psychiatric Outreach Project deepens its connections to the justice system through presence in Mental Health Court and Drug Court; and works to set up a new clinic at Bridgeport Church in Waterloo.
- The complexities of work change for workers who are 55 and older, or New Canadian professionals, or those in and out of the labour market are explored a person at a time, carefully, strategically looking to help each person find work
- Computer Recycling grapples with the challenges of keeping up with the unending need for repairs and virus cleanups for people living on a limited income, while also getting refurbished donated computers ready for redistribution.
- Every day we share a meal together with up to 300 people a day at St. John's Kitchen, with the hum of the laundry and showers in the mix.
- The Commons Market signs people up for another year of supporting local farmers and producers through the Community Shared Agriculture project.
- The Queen Street Commons Cafe reflects thoughtfully on what it means to create common space – how to invite the community to continue making this space more than a cafe – a commons.
- The Hospitality House, and all
 of us, mourn the death of one
 of the long-term residents this
 week, learning deeply what it
 means to walk with people as
 they approach death.
- In the areas of detail and order we have completed year end and passed our records on to the accountant; continuing the day to day routines of tracking our 30+ projects and the multitude of details.
- Our housing and outreach workers gathered recently to explore the question of what kind of creative housing options might respond to the needs of people we know in our work.
- And... the micro-greens and seedlings grow.

Each project sits as a pocket within the whole – and we enjoy the ways each project weaves together creatively – both an art and a discipline.

It is with pleasure that we reflect on the ways The Working Centre is a pocket within the larger K-W community. We live and work frugally in beautiful spaces, and

we express our deep gratitude to everyone who helps us to make this possible.



Jim Erb's **Extended Table**

By Dave Thomas

People who know Jim Erb know that he often invites guests for dinner. On April 2, even Jim was surprised when 950 people joined him for a meal.

The Guest of Honour at the 24th annual Mayors' Dinner was fêted for his commitment to the work of community building by developing relationships, connecting people and extending the table to others. Jim is well known from his years of service as an employee, later partner and owner, of Erb & Good Family Funeral Home, a Waterloo city councillor for eight years in the 1980s, an active Rotarian and mover of interfaith activities.

It was the largest crowd ever gathered for our annual fundraiser, filling the usually spacious Marshall Hall at Bingemans almost to capacity. The guests spilled out into the hallway to mingle and browse items in the silent auction. There were more patrons and more community tables than ever. As in past years, Centro de Trabajo, led by trombonist Larry Crawford, provided the musical embellishment.

New this year was a multicultural blessing, with Mennonite, Sikh and Jewish representatives presiding. In addition, there was expanded multimedia capacity, generously donated by Edcom Multimedia. Two large screens and a robust audio system meant that everyone was able to clearly take in the proceedings at centre stage.

Guests showed their generosity - and support for The Working Centre and St. John's Kitchen – as the silent and live auctions were the most successful ever. The live auction included travel packages, sports trips and fine dining - including a dinner hosted by Jim and his wife Marianne. Combined with dinner ticket sales and sponsorships, more than \$80,000 was donated that evening.

Long-time MC Neil Aitchison (see sidebar story) said later that even though the room was so packed, it still seemed like an intimate gathering of friends and family. It was also, he pointed out in his humorous way, "the best dinner since the last one."

Jim was humbled by the recognition and support. As he mentioned during the formal part of the proceedings, he now has a pretty good idea of how many people might attend his funeral ... and that his wife Marianne "has a pretty good idea of how many eggs will need to be boiled to make egg salad sandwiches."

For Heather James from Bell, who delivered greetings from the main sponsor of the evening, it was her first time at the dinner. "I'm amazed at the level of warmth and support shown by the Kitchener-Waterloo community here tonight," she said afterwards.

The tribute to Jim was done in the format of a dinner table conversation. (The table was courtesy of the Worth A Second Look store.) Friends Judith Jutzi, John Lougheed, John Lynch and Sandra Schiedel shared their thoughts about Iim's life, vision, community spirit and accomplishments. "I don't know if Jim intended to be a leader," Sandra said," but I believe his strong values led him to become one. Examples

abound. Jim has been at many tables, and usually he ends up at the head of the table."

Jim's son Dave, framing his introduction in the style of a funeral announcement, outlined the lighter side of Jim's personality, reminiscing about his dad "using copious amounts of his own saliva to dampen and comb" his sons' hair, sweeping the gravel driveway at the family cottage and constantly checking obituaries. He also noted Jim's "tireless" work for many community organizations.

Dave's brother Mike, an accomplished musician, bookended Jim's remarks with performances of John McCutcheon's Calling All the Children Home and John Lennon's Imagine.

Jim concluded his remarks by asking guests to take up the challenge of working together and developing respect and understanding. "Imagine how you can expand your own table - what can you do and who can you connect with in the days and weeks ahead that will make this a more inclusive and caring community, and eventually a world at peace. How can we make everyone feel welcome? And so I leave you with this question - how big can you make your kitchen table?"

Thank You to Mayors' Dinner...

Patrons:

- Bell
- Erb & Good Family Funeral
- Hallman Construction Ltd.
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- Aberdeen Homes
- Strassberger Windows and Doors
- Bob & Judy Shantz
- MacNaughton Hermsen Britton Clarkson Planning Ltd.
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- Astley Family Foundation
- Bingemans
- Sorbara Law
- Jay Fencing Ltd.
- St. Jacob's Country Inn
- Fleming Barrister & Solicitor
- St. John the Evangelist Church
- **BDO Chartered Accountants**
- and Advisors

Community Tables:

- City of Waterloo
- Downtown Kitchener BIA
- Erb Transport
- Food Bank of Waterloo Region
- Habitat for Humanity
- Mosaic Counselling & Family Services
- MTE Consultants Inc.
- Nunn Shannik
- Paul Dietrich
- RBJ Schlegel
- **RDM** Corporation
- St. Michael's Parish
- Stone Crock Inc. Superior Memorials
- The Region of Waterloo
- Township of Woolwich
- Waterloo Printing
- Wilfrid Laurier University
- Wilfrid Laurier University -Community Partnerships
- Zevest Development Corp.









Guests of Honour

Dominic Cardillo

1989 Jonas Bingeman

1990 Betty Thompson

1991 Milo Shantz

1992 Sr. Aloysia Zimmer

1993 John Wintermeyer

1994 Lorna Van Mossel

1995 Milton Good

1996 Anna Kaljas 1997

Ken Murray

1998 Steve & Eve Menich

Lucille Mitchell

2000 Peter Hallman

2001 Chloe Callender

2002 Walter Hatchborn

2003 Edna Staebler

Mary Bales & Martin Buhr 2004

2005 John Thompson

2006 Dr. Donna Ward

2007

John Jackson

2008 Sylvia & Stephen Scott 2009 John & Donna Weber

2010 Lynda Silvester

2011 Jim Erb

A True Master of Ceremonies

By Dave Thomas

Neil Aitchison gets lots of requests to host events. Of all the gatherings that Neil has been associated with, the Mayors' Dinner is his favourite.

And it's fair to say that the popular speaker, entertainer, theatre promoter and marketer is a favourite with the audiences at the yearly event. His humour and gentle ribbing always bring a healthy degree of levity to the event.



Neil has been the Master of Ceremonies at so many Mayors' Dinner celebrations, it seems like he's always done it. There have been a few times he wasn't able to, but he doesn't remember the exact number.

Why does he keep coming back? "It's always fresh, because the Guests of Honour have come from many walks of life," he says. Each year's event reflects the personality and contributions of the honouree. "It's always genuine and heart-warming. The speakers and recipients always focus on the values and principles of their work."

There have been some highlights over the years. To name just a few:

- "Inspiration and empathy" from Donna Ward, for her commitment to providing palliative care. "That was the most inspiring. The presentations by her two sons were brilliant."
- Moving comments by Marcus Shantz, the son of recipient Milo Shantz, celebrated for his work establishing the Canadian arm of Habitat for Humanity.

- Great personal anecdotes about Home Hardware founder and community builder Walter Hackborn.
- Humility and authenticity from educator Sister Aloysia Zimmer. "She spoke from the heart. It was so sincere. You can't fake that."
- Poignancy in the posthumous honouring of the community commitment of Peter Hallman.

All of the Guests of Honour express their commitment to making the community stronger. Neil says that really resonates with the community. Whether people attend specifically to pay respect to the Guest of Honour, or to support good work of The Working Centre (or perhaps both), they'll be entertained and inspired.

"It's the best night of the year for public fundraising," Neil says. It's the one that Neil and his "first wife" Helen look forward to the most, and he's glad so many other people feel the same way.

Memories of Dinners Past

By Joe Mancini

The Mayors' Dinner has evolved into a yearly community wide fundraising event that has successfully raised money for the projects of The Working Centre and St. John's Kitchen over the past 24 years.

It all started with Will Ferguson's idea to hold a public dinner to celebrate Dominic Cardillo's 25 years as an elected local politician. Dom was a popular mayor and the event's 700 tickets all sold. The evening was a huge success, more like a roast, with many speakers and a performance by comedian David Broadfoot.

Working Centre staff and volunteers put much energy into this celebratory dinner, and were satisfied to have pulled off a successful public event. We thought of expanding the idea. Dominic Cardillo agreed to call it the Mayor's Dinner.

Jonas Bingeman was chosen as the next Guest of Honour. Another sold-out event told us that people in KW wanted to gather together to publicly recognize individuals who were making substantial community contributions.

A community committee was gathered to help select each year's Guest of Honour. Bingeman's helped us with planning and keeping ticket prices reasonable. Neil Aitchison joined us as Master of Ceremonies.

The Mayor's Dinner had created its own momentum. Ken Murray was determined to raise enough money to pay off the mortgage on our 58 Queen building. When Peter Hallman died in a motorcycle accident, his wife Brenda and brother Jim created a wonderful community celebration of Peter's life.

In 2002, for the 15th Mayor's Dinner, then Waterloo Mayor Lynne Woolstencroft joined the organizing committee as we honoured Chloe Callendar. The Mayor's Dinner became the Mayors' Dinner by adding Waterloo.

The Mayors' Dinner has created memories and has honoured an outstanding group of KW citizens. The majority of dinners have attracted over 700 guests, but more so, a spirit of good will and community commitment has been emphasized and celebrated.

We are grateful for all those individuals who have contributed: Dominic Cardillo, Richard Christy, Carl Zehr, Lynne Woolstencroft, Brenda Halloran, Murray Haase, Margaret Motz, Dave Kropf, Linda Fryfolgel, Joyce Stankiewicz, Neil Aitchison, Lawrence Bingemen, Fred Walker, Jim Hallman, Steve and Eve Mennich, Don Allen, Freeman's Formal Wear, Michael Higgins, Roman Dubinski, Bell, Lorna van Mossel, Hulene Montgomery, Arleen Macpherson, Cathy Gravelle, Chloe Callendar, and many others who emerge each year.

The Mayors' Dinner Over 24 Years



Marcus Shantz offering tribute to his father, Milo Shantz, in 1991



Neil Aitchison and Dave Decker auctioning Peter Hallman's accordion at the 13th Mayors' Dinner.



At the 3rd Mayors' Dinner, Dominic Cardillo brings greeting with Joyce Stankiewicz, Betty Thompson, and Neil Aitchison at the head table.



Anna Kaljas sits with her granddaughter during the 9th Mayors' Dinner.



Neil Aitchison, Ian McNaughton, Marjorie Carol, Dennis Burkhardt, and John Fast tell stories about Peter Hallman.



Sister Aloysia Zimmer talks with Arleen Macpherson at the 5^{th} Mayors' Dinner.



Eve Menich is celebrated with her husband Steve at the 12th Mayors' Dinner with Neil Aitchison, Cathy Brothers, and Mayor Carl Zehr.



John and Donna Weber were recognized together at the 22nd Mayors' Dinner.



Lynda Silvester accepts an award from the Lyle S. Hallman Foundation represented by Jim Hallman and Hulene Montgomery.

This year we reflect on the community contributions of past Mayors' Dinner Guests of Honour Milo Shantz, Donna Weber, Anna Kaljas, Lynda Silvester, and Eve Menich who have passed away in the last two years.

Robert Will Be Missed

This letter was written by the Hospitality House Co-ordinator, Barb Crockard, as a memorial to a long-time resident at the house who passed away recently.

It is with a heavy heart that I share this news from the Hospitality House. Our very first resident, Robert, passed away rather unexpectedly on Tuesday morning. He was a familiar face about town, having a very successful career pan-handling, an astute financier amongst his peers. He was a towering, mostly gentle giant, with the bluest eyes, a shock of silvery hair and a beard to match, many of you would have encountered him during your daily travels. A difficult life filled with significant darkness brought him to our fold, we learnt from each other and grew together. H.H. became his home, and for nigh on two years were privileged to walk with our friend.

If Robert touched your life in any way I encourage you to celebrate our good man with a strawberry ice cream cone or a butter tart, his two favourite food

groups.

Blessings, Barb



Volunteers Needed!

In the early fall, we hope to have approval to build a 20'x20' structure between our two houses on Victoria St. This will be the welcoming and dining area for the Hospitality House which provides housing to 6-8 individuals experiencing debilitating health issues and housing difficulties.

Would you be interested in helping with this project?

We are looking for one or two volunteer construction supervisors who can help us manage the project. This person should be skilled in construction from concrete work and framing to drywall, trim and finish carpentry. We are also looking for someone with a valid driver's licence who can gather supplies and materials for the project (having your own vehicle is helpful but not necessary).

Working Centre Construction Crews are made up of workers who may be volunteering, retraining, or getting back into the workforce.

If you can help, please call Don at 519-502-0454.



Herbal Gardens

We've been busy at GROW Herbal Gardens! Between our seedling sales, microgreen production, workshops and gardening, there simply aren't enough hours in the day.

Here's a quick update on what we've been doing:

- Almost 1000 vegetable, herb and flower plants have found their way into the ground, with a round of summer herbs and fall greens now growing.
- The Working Centre's community gardens are bustling with activity. Everyone is excited to get to work and help in the gardens.
- Microgreen production is in full swing. Look for our products at Vincenzo's, the Old Kitchen Cupboard, Healthy Foods and More, Full Circle Foods, or Queen Street Commons Café!
- & Soap making is now underway. Keep an eye out for GROW Herbal products at the Café or come help us make a batch!

For more information on how to get involved, or to join our e-mail list, contact Adam at 519-743-1151 ext. 113, or adamk@theworking-centre.org

GROW Greenhouse and Gardens can now supply your restaurant or retail store with zesty and surprisingly flavourful microgreens. Varieties we are offering include red cabbage, arugula, broccoli, pak choi, cress, radish, frisée, dill and basil.

To place an order, or for a free sample, contact Adam at 519-743-1151 ext. 113, or adamk@theworkingcentre.org



Tuesday, June 21st at 7:00pm Uc Maymun (Three Monkeys) (2008)



Wednesday, June LZnd at 7:00pm Cairo Time (L009)

Thursday, June 23rd at 7:00pm Cherry Blossoms (2008)





Friday, June 24th at 7:00pm Cloud 9 (2008)

Saturday, June 25th at 7:00pm Moscow, Belgium (2008)



Photos courtesy of Dwight Storring



From April 18 to April 23, the Local Focus 4 Film Festival, organized by the Multicultural Cinema Club, showcased 39 films produced by local artists and filmmakers. A total of 476 people attended this admission-free film festival that was held at the Registry Theatre. These photos are from the post-screening discussions held with filmmakers at the Registry, and the closing ceremony where awards were presented at the





Books for Sustainable Living at Queen Street Commons Café offers a wide selection of books on such topics as the environment, education, poverty, social alternatives, the philosophy of work, simple living, and more!

You can place orders by fax (519-743-3840), phone (519-743-1151 x111), or mail (see order form below)



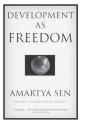
As the World Burns

50 Simple Things You Can Do to Stay in Denial

Derrick Iensen and Stethanie McMillan

Two of America's most talented activists team up to deliver a bold and hilarious satire of modern environmental policy in this fully illustrated graphic novel. The US government gives robot machines from space permission to eat the earth in exchange for bricks of gold. A one-eyed bunny rescues his friends from a corporate animal testing laboratory. And two little girls figure out the secret to saving the world from both of its enemies (and it isn't by using energy-efficient light bulbs or biodiesel fuel).

224 pages \$14.95 softcover



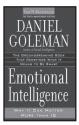
Development as Freedom

Amartva Sen

Freedom, Sen argues, is both the end and most efficient means of sustaining economic life and the key to securing the general welfare of the world's entire population. Releasing the idea of individual freedom from association with any particular historical, intellectual, political, or religious tradition, Sen demonstrates its current applicability and possibilities. In the new global economy, where, despite unprecedented increases in overall opulence, the world denies elementary freedoms to vast numbers--perhaps even the majority of people--he concludes, it is still possible to practically

and optimistically retain a sense of social accountability.

384 pages \$19.00 softcover



Emotional Intelligence Why It Can Matter More Than IQ

Daniel Goleman

Everyone knows that high IQ is no guarantee of success, happiness, or virtue, but until Emotional Intelligence, we could only guess why. Daniel Goleman's brilliant report from the frontiers of psychology and neuroscience offers startling new insight into our "two minds"—the rational and the emotional—and how they together shape our destiny. Goleman delineates the five crucial skills of emotional intelligence, and shows how

they determine our success in relationships, work, and even our physical well-being. Everyone interested in a more civil society has a stake in this compelling vision of human possibility.

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The Happiness Trap

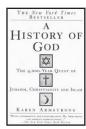
How to Stop Struggling and Start Living

Russ Harris

Are you, like millions of people, caught in the happiness trap? Russ Harris explains that the way most of us go about trying to find happiness ends up making us miserable, driving the epidemics of stress, anxiety, and depression. This empowering book presents the insights and techniques of ACT (Acceptance and Commitment Therapy), a revolutionary new psychotherapy based on cutting-edge research in behavioral psychology. By

clarifying your values and developing mindfulness (a technique for living fully in the present moment), ACT helps you escape the happiness trap and find true satisfaction in life.

240 pages \$19.95 softcover



A History of God

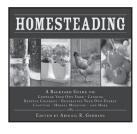
The 4,000-Year Quest of Judaism, Christianity and Islam

Karen Armstrong

In this stunningly intelligent book, Karen Armstrong, one of Britain's foremost commentators on religious affairs, traces the history of how men and women have perceived and experienced God, from the time of Abraham to the present. From classical philosophy and medieval mysticism to the Reformation, the Enlightenment, and the modern age of skepticism,

Karen Armstrong performs the near miracle of distilling the intellectual history of monotheism into one superbly readable volume, destined to take its place as a classic.

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Homesteading

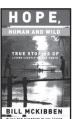
A Backyard Guide to Growing Your Own Food, Canning, Keeping Chickens, Generating Your Own Energy, Crafting, Herbal Medicine, and More

Abigail R. Gehring

Whether you live in the city, the suburbs, or even the wilderness, there is plenty you can do to improve your life from a green perspective. With a few plants, fresh tomatoes, which

then become canned tomato sauce, are a real option. Reduce electricity use by eating dinner by candlelight. Learn to use rainwater to augment water supplies. Make your own soap and hand lotion. Consider keeping chickens for the eggs. This book offers information on anything a homesteader needs—and more.

494 pages \$29.95 softcover



Hope, Human, and Wild

True Stories of Living Lightly on the Earth

McKibben profiles the efforts of three caring communities to preserve wilderness and reverse environmental devastation. They include the reforestation of McKibben's home territory, New York's Adirondack Mountains; solving traffic and pollution problems in the densely populated Curitiba, Brazil; and how the citizens of Kerala, India have demonstrated that quality of life doesn't depend on overconsumption of resources. This edition features a new intro-

duction that revisits these places and explores how they've changed over the years.

232 pages \$19.50 softcover

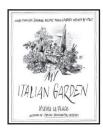


It's a Long Road to a Tomato Tales of an Organic Farmer Who Quit the Big City for the (Not So) Simple Life

After starting a one-man organic farm in 1986, Stewart now employs seven to eight seasonal interns and provides 100 varieties of fresh produce to the shoppers and chefs who flock twice weekly, May to December, to his stand at Union Square Greenmarket in Manhattan. It's a Long Road to a Tomato opens a window into the world of

Keith's Farm, with essays on his development as a farmer, the nuts and bolts of organic farming, farm animals, and the political, social, and environmental issues relevant to agriculture today.

344 pages \$18.95 softcover



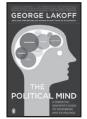
My Italian Garden More than 125 Seasonal Recipes from a Garden Inspired by Italy

Viana La Place

Viana La Place brings the earth to the table for readers who want to cook delicious dishes with minimum work and maximum flavor, reminding us that the most satisfying food is the simplest. In 125 uncomplicated recipes, cooks will find four seasons of mouthwatering offerings, perfect for weeknight dinners or entertaining, such as New Fava

Bean and Spring Greens Soup, Spaghetti Tossed with Whole Basil Leaves and Lemon Zest, Panini with Grilled Zucchini and Ricotta Salata, Pizza Verde with Artichokes and Herbs, and Meyer Lemon Gelato with Fresh Figs and Pistachios.

272 pages \$24.95 softcover



The Political Mind

A Cognitive Scientist's Guide to Your Brain and Its **Politics**

George Lakoff

Lakoff spells out what cognitive science has discovered about reason, and reveals that human reason is far more interesting than we thought it was. Reason is physical, mostly unconscious, metaphorical, emotion-laden, and tied to empathy-and there are biological explanations behind our moral and political thought processes. His call for a New Enlightenment is a bold

and striking challenge to the cherished beliefs not only of philosophers, but of pundits, pollsters, and political leaders. This passionate book will appeal to anyone interested in how the mind works and how we function socially and politically.

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Community Access Bicycles



Kitchener's New Bike Sharing Program



Brought to you by The Working Centre and The City of Kitchener



How Does it Work?

The Community Access Bicycles (CAB) pilot project consists of 36 bikes at 6 convenient locations across downtown Kitchener.

For a \$30 membership fee, you will have access to any of the bikes in the CAB system for an entire year!

After registering, simply walk into any one of the host organizations and request a key for one of the bikes locked outside.

... Ride the bike ...

Then return it to any of the CAB racks across town, returning the key to the host organization.

It's that easy!



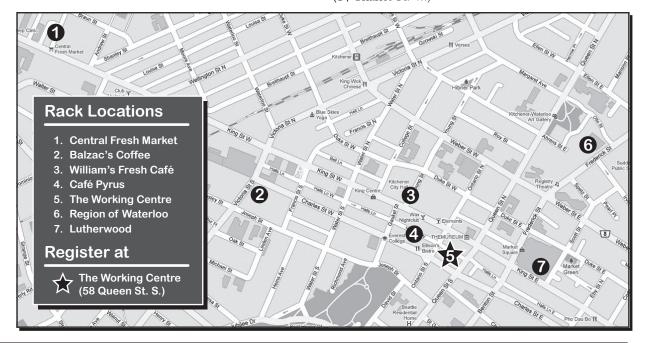
To Sign up

- Visit: The Working Centre
- at 58 Queen St. S. or
 Call: 519-743-1151 x.170
- Email: bikeshare@ theworkingcentre.org



Host Organizations

- 1. Central Fresh Market (670 King St. W.)
- 2. Balzac's Coffee (151 Charles St. W.)
- 3. William's Fresh Café (198 King St. W.)
- 4. Café Pyrus (14 Charles St. W.)
- **5.** The Working Centre (58 Queen St. S.)
- **6.** Region of Waterloo (150 Frederick St.)
- 7. Lutherwood (165 King St. E.)





43 Queen St. S., Kitchener 519-749-9177 x.227 theworkingcentre.org/qsc

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Feel Welcome!

Join us, invite a friend, make the space your own. We offer good food, affordable prices, interesting events and the creative contributions of many people from all walks of life.

Your presence, your conversations, and your enjoyment help to make it a true commons. A simple act of creative community building.



97 Victoria St. N. 519-569-7566

Monday-Friday: 9am - 5pm

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Kitchener's largest furniture and housewares recycling centre offers something for everyone!



This store, strongly supported by volunteers, offers a constantly changing, wide-ranging inventory of all kinds of furniture, cookware, toys, art, books, small appliances and more.

We also offer free pick up of large furniture donations!

