



Bridges to Health

Day treatment program for adult women who are concerned with their substance use

Women's Intensive Day Treatment Program

Spring 2014

April 21 to May 2

KITCHENER

Bridges to Health
71 Ann Street
Kitchener, ON N2B 3T3

Free parking on-site
Grand River Transit #15, 23

Information Sessions in Kitchener

Wednesday March 19 – 10:00am

Tuesday April 1 – 6:00pm

May 20 to June 2

(Tuesday-Monday due to Victoria Day May 19)

KITCHENER

Bridges to Health
71 Ann Street
Kitchener, ON N2B 3T3

Free parking on-site
Grand River Transit #15, 23

Information Sessions in Kitchener

Thursday April 17 – 10:00am

Wednesday April 30 – 6:00pm

June 16 to 27

GUELPH

First Baptist Church
255 Woolwich Street
Guelph, ON N1H 3V8

Free parking on-site
Guelph Transit #2

Information Sessions in Guelph

Wednesday May 14 – 2:00pm

Tuesday May 27 – 10:00am

CAMBRIDGE program will be offered again in late-Summer/ early-Fall.

Attendance at an information session is required. You are welcome to attend in any city.

Please call HERE 24/7 to register.



1 844 437 3247
(HERE247)

Call anytime to access
Addictions, Mental Health
& Crisis Services
Waterloo-Wellington-Dufferin

www.here247.ca

There is no cost to participate in the program. Bus tickets may be available – please request in advance. Snacks and a light lunch will be provided each day of program.

Referrals are accepted through HERE 24/7, at any time. All inquiries are welcome and confidential. For more information please contact Bridges to Health at 519-957-5001 x225 or B2Hwomeninfo@houseoffriendship.org



Operated by House of Friendship; Supported by the Waterloo Wellington Local Health Integration Network (WWLHIN).