

# Celebrating Local Food in a Creative Community Market

Pick up your local produce on Wednesdays  
at Queen Street Commons Café (43 Queen St. S., Kitchener)



- Receive fresh food direct from local growers and producers including fruits, vegetables & herbs, meats from Traditional Foods, bread from Golden Hearth, cheese from Millbank Cheeses, and wholesale items through Ebytown Food Coop
- Support local farmers by ordering directly on-line every week



- Receive a box filled with affordable, seasonal, local organically grown produce and support local farmers at the same time.
- Boxes are filled with a wide selection of fresh produce including lettuces, tomatoes, eggplant, zucchini, broccoli, carrots, beans, peas, berries, leeks, and much more!
- Available as half shares (10 boxes over 20 weeks) or full shares (20 boxes over 20 weeks).



To participate, contact Rebecca by e-mail at [market@theworkingcentre.org](mailto:market@theworkingcentre.org),  
by phone at 519-743-1151 x130, or visit us at  
[www.theworkingcentre.org/market](http://www.theworkingcentre.org/market)

