



Herbal Gardens

Harvesting Wellness

Herbal Products Catalogue

A variety of herbal products, made and packaged by GROW volunteers, are available for sale at the Queen Street Commons Café and at BarterFairs.

~ Therapeutic Teas & Tea Blends ~

Many varieties available
20 g bags: \$3-\$6
individual filters: 2/\$1.25

~ Stevia Samples ~

.75¢/packet

~ Bath Salts ~

Scented with essential oils and containing organic herbs, these bath salts are soft enough on the skin to be used daily
\$3

~ Sleep Pillow ~

slip under pillow for a good night's sleep
\$2.50

~ Scented Salt Scrubs ~

lavender ~ rosemary ~ citrus
\$3

~ Salves ~

Calendula~ soothes rough skin & regenerates tissue
Borage and Comfrey~ strong healing herbs for rough skin
Baby~ light smooth salve for delicate skin
Cold and Chest - herbs to help an aching chest
\$4

~ Lip Balms ~

Smooth, protective lip balms made with beeswax, olive oil and essential oils

~ Soaps ~

Soap the old-fashioned way; hand made using natural ingredients. Check in with us regularly for the current varieties.

~ Gift baskets and Herb Sets ~

Made to order