



The Working Centre - September 2009 Calendar



58 & 43 Queen Street South, Kitchener, Ontario N2G 1V6

519-743-1151, 749-9177

Queen Street Commons Café
43 Queen Street South

St. John's Kitchen &
Worth a Second Look
97 Victoria Street North

www.theworkingcentre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12pm •Recycle Cycles 10am-5pm •Celebration of Foods Cooking 1-3pm •Housing Desk 1-4pm •2nd Floor Arts Space <i>Weaving and Herbal Crafts</i> 2-4pm 	2 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •2nd Floor Arts Space <i>Paperkräf</i> 2-4 •Wednesday After Hours 4-7 •Sewing Class 4-5:30pm •Wednesday Market Day @ QSC 4pm 	3 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12 •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •Interview Series 1-2:30pm •Immigration Law Clinic 1:30-4 •Speak English Café 6-8pm 	4 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Recycle Cycles 10am-5pm •Housing Desk 1-4pm •2nd Floor Arts Space <i>Recycled Crafts</i> 2-4pm 	5 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 <ul style="list-style-type: none"> •Recycle Cycles 10am-2pm
7 <p style="text-align: center;">CLOSED LABOUR DAY</p>	8 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12pm •Recycle Cycles 10am-5pm •Celebration of Foods Cooking 1-3pm •Computer Basics Class Starts 1pm •Housing Desk 1-4pm •2nd Floor Arts Space <i>Weaving and Herbal Crafts</i> 2-4pm 	9 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •Childebeast @ QSC 12pm •2nd Floor Arts Space <i>Paperkräf</i> 2-4 •Wednesday After Hours 4-7 •Sewing Class 4-5:30pm •Wednesday Market Day @ QSC 4pm 	10 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12 •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •Interview Series 1-2:30pm •Speak English Café 6-8pm 	11 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Recycle Cycles 10am-5pm •Housing Desk 1-4pm •2nd Floor Arts Space <i>Recycled Crafts</i> 2-4pm •James Judd @QSC 6:30pm 	12 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 <ul style="list-style-type: none"> •Recycle Cycles 10am-2pm
14 Queen St. Commons 8:30-9 Worth a Second Look 9-5 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Strategic Job Searching <i>Finding the Right Work Environment</i> 2-3:30pm •Open Space @ QSC 6:30-8:30pm 	15 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12pm •Recycle Cycles 10am-5pm •WRAP Info Sessions: 1:30-3pm & 7-8:30pm •Finance and Budgeting-Insights and Strategies 1-2:30pm •Celebration of Foods Cooking 1-3pm •Housing Desk 1-4pm •2nd Floor Arts Space <i>Weaving and Herbal Crafts</i> 2-4pm 	16 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •2nd Floor Arts Space <i>Paperkräf</i> 2-4 •Wednesday After Hours 4-7 •Sewing Class 4-5:30pm •Wednesday Market Day @ QSC 4pm 	17 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12 •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •Interview Series 1-2:30pm •Immigration Law Clinic 1:30-4 •Speak English Café 6-8pm •Drupal User Group 7-9pm 	18 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Recycle Cycles 10am-5pm •Housing Desk 1-4pm •2nd Floor Arts Space <i>Recycled Crafts</i> 2-4pm •James Judd @QSC 6:30pm 	19 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 <ul style="list-style-type: none"> •Recycle Cycles 10am-2pm •Software Freedom Day @ Computer Recycling 10am-4pm
21 Queen St. Commons 8:30-9 Worth a Second Look 9-5 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Strategic Job Searching <i>Networking Skills</i> 2-3:30pm •Open Space @ QSC 6:30-8:30pm 	22 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Info Session for ITI Nurses 10am •GROW Herbal Gardens 10am-12pm •Recycle Cycles 10am-5pm •Celebration of Foods Cooking 1-3pm •Housing Desk 1-4pm •Immigration Law Clinic 9:30-11:30am •2nd Floor Arts Space <i>Weaving and Herbal Crafts</i> 2-4pm 	23 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •Childebeast @ QSC 12pm •2nd Floor Arts Space <i>Paperkräf</i> 2-4 •Wednesday After Hours 4-7 •Sewing Class 4-5:30pm •Wednesday Market Day @ QSC 4pm •Workshop -Bike Maintenance 6:30pm 	24 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12 •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •Interview Series 1-2:30pm •Speak English Café 6-8pm 	25 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Recycle Cycles 10am-5pm •Housing Desk 1-4pm •2nd Floor Arts Space <i>Recycled Crafts</i> 2-4pm •James Judd @QSC 6:30pm 	26 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 <ul style="list-style-type: none"> •Recycle Cycles 10am-2pm •BarterWorks Market Day 11am-3pm
28 Queen St. Commons 8:30-9 Worth a Second Look 9-5 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Strategic Job Searching <i>Information Interviews</i> 2-3:30pm •Open Space @ QSC 6:30-8:30pm 	29 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •GROW Herbal Gardens 10am-12pm •Recycle Cycles 10am-5pm •Celebration of Foods Cooking 1-3pm •Housing Desk 1-4pm •Immigration Law Clinic 9:30-11:30am •2nd Floor Arts Space <i>Weaving and Herbal Crafts</i> 2-4pm 	30 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 <ul style="list-style-type: none"> •Housing Desk 1-4pm •Recycle Cycles 10am-5pm •2nd Floor Arts Space <i>Paperkräf</i> 2-4 •Wednesday After Hours 4-7 •Sewing Class 4-5:30pm •Wednesday Market Day @ QSC 4pm •Local Democracy Class starts 	<p style="text-align: center;">Activities take place at both 43 & 58 Queen St. S. Call 519-743-1151 to confirm location.</p>	<p style="text-align: center;"><i>Check our Community Job Posting Service at:</i> http://www.theworkingcentre.org/jobs</p>	<p style="text-align: center;">Calendar continued on back...</p>

Job Search Resource Centre

- **Information Session for Internationally Educated Nurses:** Do you want to become registered to work in Ontario? Mohawk College, in partnership with the CARE Centre, is hosting a FREE Information Session in Kitchener. Attend to find out how we can help you enter the nursing profession in Ontario. Tuesday, September 22 at 10:00 am at 58 Queen Street South. Call Dave at 519-743-1151 ext. 289 or email rsvp@theworkingcentre.org to register.
- **Interview Series:** Learn the formula for success in interviews. Held Thursdays from 1:00-2:30pm at 58 Queen St. S. **Workshops Dates:** September 3, 10, 17, and 24. Call Rita at 519-743-1151 ext. 127.
- **Speak English Café:** Practice speaking English in an informal, café setting. Held Thursdays from 6-8pm at 43 Queen St. S. Call Julia at 519-743-1151 ext. 114.
- **Strategic Job Searching Series:** This revised four-part series offers sessions on Mondays from 2:00-3:30pm at 58 Queen St. S.
 - ◆ **Sept. 14: Finding the Right Work Environment** - Call Karen at 519-743-1151 ext. 230.
 - ◆ **Sept. 21: Networking Skills** - Call Rita at 519-743-1151 ext. 127.
 - ◆ **Sept. 28: Information Interviews** - Call Jess at 519-743-1151 ext. 132.
- **Waterloo Region ASSETS+ Project (WRAP):** Are you interested in training to start or improve your small business? Develop your business plan by attending a WRAP course. Training includes business technical assistance, mentorship/networking, and a micro-loans program. Sessions start in January, April and September. **Information Sessions:** Learn more about this program on Tuesday, Sept. 15 from 1:30pm to 3pm or from 7pm to 8:30pm. Call Greg: 519-749-9177 ext. 236, or email Bob: wrap@theworkingcentre.org.
- **Workplace Safety and Insurance Board (WSIB) Claims Assistance:** If you have a workers compensation injury claim, an experienced claims advocate will help you sort through your claim. Sessions are by appointment only on Tuesdays and Thursdays. To make an appointment, call 58 Queen reception at 519-743-1151 ext. 101.

Community Tools Projects (Volunteers Welcome!)

- **2nd Floor Arts Space:** On the 2nd floor of 43 Queen St. S., we offer herbal crafting, paper arts, sewing, weaving, and recycled crafts. Open every afternoon from Tuesday to Friday, 2-4 pm. Come and be creative with us! Call Misha at 519-749-9177 ext. 238.
 - ◆ **Tuesday:** weaving and herbal crafts
 - ◆ **Wednesday:** papermaking and paper arts
 - ◆ **Thursday:** on location at St. John's Kitchen
 - ◆ **Friday:** recycled crafts
- **BarterWorks:** Drop in to 43 Queen St. S. to learn more about K-W's local community-based trading system. **Office hours:** Tuesday to Thursday from 10am - 4pm. **Market Day:** Saturday, August 29 from 11am-3pm at 43 Queen St. S. Come support local artists and the local economy! For more information, call Greg at 519-749-9177 ext. 236.
- **Computer Recycling Shop:** A community facility for repairing, testing, and refurbishing PCs at 58 Queen Street South (entrance on Charles St.).

Prices negotiable for non-profit groups. **Hours:** Tuesday to Friday, 10-6pm, and Saturday from 10-4pm. Call Charles at 519-743-1151 ext. 225.

- **GROW Herbal Gardens:** Volunteers are welcome to come help out at the GROW garden on Tuesday and Thursday morning. Volunteers meet at Queen Street Commons Café (43 Queen St. S.) at 10am before heading to the garden. Call Misha at 519-749-9177 ext. 238.
- **Maurita's Kitchen Cooking Sessions:**
 - ◆ **Baking Sessions:** Tuesdays & Thursdays from 1-3 pm, in Maurita's Kitchen, 66 Queen St. S. Learn to bake healthy desserts using natural ingredients. Volunteers needed to bake cookies, cakes, and other tasty treats for the Queen Street Commons Cafe. To volunteer, call Margaret at 519-749-9177 ext. 232.
 - ◆ **Celebration of Foods Cooking Group for New Canadians:** Are you interested in cooking, meeting other New Canadians, and sharing your recipes? Join us every Tuesday from 1-3pm at Maurita's Kitchen (66 Queen St. S) for informal group cooking sessions. To register in advance, please call 519-743-1151 ext. 0 and leave a message for Norma Medina.
 - ◆ **Vegetarian Cooking Sessions:** Every weekday morning 9-12 noon in Maurita's Kitchen, 66 Queen St. S. Want to learn new vegetarian recipes, cook with whole foods, share your skills, and help produce food for the Queen Street Commons Café. Volunteers needed! To volunteer, call Margaret at 519-749-9177 ext. 232.
- **Queen Street Commons Café:** Coffee, Culture, and Community at 43 Queen Street South. Offers a natural, vegetarian menu, community events, and a unique gift shop. **Café Hours:** Monday to Friday from 8:30am-9pm, and Saturdays from 10am-4pm. Call 519-749-9177 ext. 227.
 - ◆ **Open Space:** Join us for coffee, tea, conversation, music, & relaxation! From 6:30-8:30pm every Monday. Everyone is welcome! We especially invite people with disabilities, their families, & caregivers.
 - ◆ **Childebeast** will perform on Wednesdays Sept. 9 and 23 at 12pm.
 - ◆ **James Judd** will play shows on Fridays Sept. 11, 18, and 25 at 6:30pm.
- **Recycle Cycles Community Bike Shop:** At 43 Queen St. S. **Hours:** Tuesday-Friday from 10am-5pm and Saturdays from 10am-2pm. Help refurbish old bikes, or fix your own bike with volunteer support (please call to book a time). Contact Jesse at 519-749-9177 ext. 222.
- **Sewing Classes:** The Sewing Room offers beginner and advanced sewing classes. Volunteers are available to assist with learning the machines, working from a pattern, and applying sewing techniques. **Class time:** Wednesdays from 4:00-5:30pm. Call Misha at 519-749-9177 ext. 238.
- **Worth a Second Look Furniture and Housewares:** Worth a Second Look is a thrift shop that provides the community with very low-cost used furniture and assorted houseware items. The store is located at 97 Victoria St. N. **Hours:** Monday to Friday from 9-5, and Saturdays from 9-4. We welcome donations of gently used goods during open hours. For more information, call 519-569-7566.

Computer Training

- **Software Freedom Day:** On Saturday September 19 from 10am to 4pm, Computer Recycling will celebrate Software Freedom Day with a number

of workshops and activities. Presenters will lead discussions on reducing communication expenses, avoiding viruses, getting started with Linux, and more. There will be giveaways and volunteers to answer any questions. Call Charles at 519-743-1151 ext. 225.

- **Computer Basics Class:** This 4-week course provides fundamental knowledge of computers to students with little or no experience. The next series of classes will begin on September 8. Classes are held Tuesdays from 1-4pm. Call Sergiane at (519)743-1151 ext. 236.
- **Drupal User Group:** All Drupal enthusiasts are welcome to join us for discussion and demonstration of topics for beginners and beyond. Held on the third Thursday of the month; September 17 from 7 to 9pm at 58 Queen Street South. Call Charles at 519-743-1151 ext. 121.
- **Self-Directed Computer Courses:** We offer a wide range of online tutorial courses. Learn at your own pace; also possible to work towards Microsoft certifications. Call us at 519-743-1151 ext. 236.

Other Events and Activities

- **Diploma in Local Democracy:** A new 14-week session of the Diploma in Local Democracy course will be starting on Wednesday, September 30th. This course is intended for adults committed to serving local democracy in Waterloo Region and is designed to expand your knowledge of diverse forms of democracy. Participants will reflect on their actual experience of democratic practice in the workplace, public agencies, and civic initiatives, and learn how local democratic values are integral for a flourishing community. To register, call Kara at 519-743-1151 ext. 119.
- **Housing Desk:** Looking for housing? We can help you in your search. **Hours:** Monday-Friday 1-4pm. Call 519-743-1151 ext. 117.
- **Immigration Law Clinic:** This clinic will run some Tuesdays and Thursdays. Check in at the front desk, and bring all your immigration letters and paperwork with you. **Clinic Dates and times:** Thursdays September 3 & 17 from 1:30-4pm. Call Kirsten at 519-576-5941.
- **Living with Less Money Workshops:** See www.theworkingcentre.org/less
 - ◆ **Orientation Session:** Wednesday, Sept. 16th from 1:00 to 2:30pm. Unsure where to start? Attend our Orientation Session for an overview of all the LWLM workshops offered at The Working Centre.
 - ◆ **Finance and Budgeting - Part 1 - Insights and Strategies:** Topics include: 'How debt accumulates', 'Understanding real costs of borrowing or buying on credit', and 'Where does the money go?' **Workshop Time:** Tuesday September 15 from 1:00 to 2:30pm. Call Rita at 519-743-1151 ext.127.
 - ◆ **Transportation - Part 1 - Intro to Basic Bicycle Maintenance:** Learn basic skills that will allow you to perform simple repairs and maintenance on your bike. **Workshop Time:** Wednesday, September 23 at 6:30pm at 43 Queen St. S. Call Jesse at 519-749-9177 ext. 222.
 - ◆ **Computing as if People Mattered:** See **Software Freedom Day** above under **Computer Training**.

**EMPLOYMENT
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Many of The Working Centre's employment programs are made possible by funding from *Employment Ontario*.