



The Working Centre - October 2009 Calendar



58 & 43 Queen Street South, Kitchener, Ontario N2G 1V6

519-743-1151, 749-9177

Queen Street Commons Café

43 Queen Street South

St. John's Kitchen &

Worth a Second Look

97 Victoria Street North

www.theworkingcentre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities take place at both 43 & 58 Queen St. S. Call 519-743-1151 to confirm location.</p>	<p>Check our Community Job Posting Service at: http://www.theworkingcentre.org/jobs</p>	<p>Calendar continued on back...</p>	<p>1 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Interview Series 1-2:30pm •Speak English Café 6-8pm</p>	<p>2 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 11am-12:30pm</p>	<p>3 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 Recycle Cycles 10-2</p>
<p>5 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Housing Desk 1-4pm •Sewing Class: 9am, 10:30am •Strategic Job Searching <i>Finding the Right Work Environment</i> 2-3:30pm •Open Space @ QSC 6:30-8:30pm</p>	<p>6 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Celebration of Foods Cooking 1-3pm •Computer Basics Class Starts 1pm •Immigration Law Clinic 1:30-4</p>	<p>7 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 9am, 10:30am, 1pm, 2:30pm •Living out the Choices #1 2pm-4pm •Wednesday Market Day @ QSC 4pm •Diploma in Local Democracy Course Starts •Job Search Resource Centre open to 7pm</p>	<p>8 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Interview Series 1-2:30pm •Speak English Café 6-8pm</p>	<p>9 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Living w/ Less Money—Orientation Session 10:30am-12pm •Sewing Class: 11am-12:30pm</p>	<p>10 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 Recycle Cycles 10-2</p>
<p>12 Closed Thanksgiving</p>	<p>13 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Work Options #1 11am-12:30pm •Finance and Budgeting #1 1pm-2:30pm •Celebration of Foods Cooking 1-3pm</p>	<p>14 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 9am, 10:30am, 1pm, 2:30pm •Living Out the Choices #2 2pm-4pm •Wednesday Market Day @ QSC 4pm •Reducing Technology Expenses 7pm •g.k. & d'Access @ QSC 7pm •Job Search Resource Centre open to 7pm</p>	<p>15 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Interview Series 1-2:30pm •Speak English Café 6-8pm •Drupal User Group 7-9pm</p>	<p>16 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 11am-12:30pm</p>	<p>17 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 Recycle Cycles 10-2</p>
<p>19 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Housing Desk 1-4pm •Sewing Class: 9am, 10:30am •Strategic Job Searching <i>Networking Skills</i> 2-3:30pm •Open Space @ QSC 6:30-8:30pm</p>	<p>20 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Work Options #2 11am-12:30pm •Celebration of Foods Cooking 1-3pm •Immigration Law Clinic 2-4pm •BarterWorks Info Session 5:30pm</p>	<p>21 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 9am, 10:30am, 1pm, 2:30pm •Living Out the Choices #3 2pm-4pm •Bicycle Brake Repair 6:30pm •Wednesday Market Day / Commons Market Launch @ QSC 4pm •Job Search Resource Centre open to 7pm</p>	<p>22 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Interview Series 1-2:30pm •Speak English Café 6-8pm</p>	<p>23 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 11am-12:30pm</p>	<p>24 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 Recycle Cycles 10-2</p>
<p>26 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Housing Desk 1-4 •Sewing Class: 9am, 10:30am •Strategic Job Searching <i>Information Interviews</i> 2-3:30pm •Open Space @ QSC 6:30-8:30pm</p>	<p>27 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Work Options #3 11am-12:30pm •Celebration of Foods Cooking 1-3pm</p>	<p>28 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 9am, 10:30am, 1pm, 2:30pm •Wednesday Market Day @ QSC 4pm •Job Search Resource Centre open to 7pm</p>	<p>29 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Interview Series 1-2:30pm •Speak English Café 6-8pm</p>	<p>30 Queen St. Commons 8:30-9 Worth a Second Look 9-5 Computer Recycling 10-6 Housing Desk 1-4 Recycle Cycles 10-5 •Sewing Class: 11am-12:30pm •New Vibes Jazz Quartet @ QSC 4:30pm</p>	<p>31 Queen St. Commons 10-4 Worth a Second Look 9-4 Computer Recycling 10-4 Recycle Cycles 10-2 •BarterWorks Market Day 11am-3pm</p>

Job Search Resource Centre

- **Interview Series:** Learn the formula for success in interviews. Held Thursdays from 1:00-2:30pm at 58 Queen St. S. **Workshops Dates:** October 1, 8, 15, 22, and 29. Call Rita at 519-743-1151 ext. 127.
- **Speak English Café:** Practice speaking English in an informal, café setting. Held Thursdays from 6-8pm at 43 Queen St. S. Call Julia at 519-743-1151 ext. 114.
- **Strategic Job Searching Series:** This revised four-part series offers sessions on Mondays from 2:00-3:30pm at 58 Queen St. S.
 - ◆ **Oct. 5: Finding the Right Work Environment** - Call Karen at 519-743-1151 ext. 230.
 - ◆ **Oct. 19: Networking Skills** - Call Rita at 519-743-1151 ext. 127.
 - ◆ **Oct. 26: Information Interviews** - Call Jess at 519-743-1151 ext. 132.
- **Waterloo Region ASSETS+ Project (WRAP):** Are you interested in training to start or improve your small business? Develop your business plan by attending a WRAP course. Training includes business technical assistance, mentorship/networking, and a micro-loans program. Sessions start in January, April and September. Call Greg: 519-749-9177 ext. 236, or email Bob: wrap@theworkingcentre.org.
- **Workplace Safety and Insurance Board (WSIB) Claims Assistance:** If you have a workers compensation injury claim, an experienced claims advocate will help you sort through your claim. Sessions are by appointment only on Tuesdays and Thursdays. To make an appointment, call 58 Queen reception at 519-743-1151 ext. 101.
- **Job Search Resource Centre is Open until 7:00pm on Wednesdays!**

Community Tools Projects (Volunteers Welcome!)

- **BarterWorks:** Drop in to 43 Queen St. S. to learn more about K-W's local community-based trading system. **Office hours:** Tuesday to Thursday from 10am - 4pm. **Market Day:** Saturday, October 31 from 11am-3pm at 43 Queen St. S. Come support local artists and the local economy! **Information Session:** Tuesday, October 20 from 5:30-6:30pm at 43 Queen St. S. Learn more about how to trade through BarterWorks and how you can reduce your reliance on money! For more information, call Greg at 519-749-9177 ext. 236.
- **Computer Recycling Shop:** A community facility for repairing, testing, and refurbishing PCs at 58 Queen Street South (entrance on Charles St.). Prices negotiable for non-profit groups. **Hours:** Tuesday to Friday, 10-6pm, and Saturday from 10-4pm. Call Charles at 519-743-1151 ext. 225.
- **Maurita's Kitchen Cooking Sessions:**
 - ◆ **Baking Sessions:** Tuesdays & Thursdays from 1-3 pm, in Maurita's Kitchen, 66 Queen St. S. Learn to bake healthy desserts using natural ingredients. Volunteers needed to bake cookies, cakes, and other tasty treats for the Queen Street Commons Cafe. To volunteer, call Margaret at 519-749-9177 ext. 232.
 - ◆ **Celebration of Foods Cooking Group for New Canadians:** Are you interested in cooking, meeting other New Canadians, and sharing your recipes? Join us every Tuesday from 1-3pm at Maurita's Kitchen (66 Queen St. S) for informal group cooking sessions. To register in advance, please call 519-743-1151 ext. 0 and leave a message for Norma Medina.

- ◆ **Vegetarian Cooking Sessions:** Every weekday morning 9-12 noon in Maurita's Kitchen, 66 Queen St. S. Want to learn new vegetarian recipes, cook with whole foods, share your skills, and help produce food for the Queen Street Commons Café. Volunteers needed! To volunteer, call Margaret at 519-749-9177 ext. 232.
- **Queen Street Commons Café:** Coffee, Culture, and Community at 43 Queen Street South. Offers a natural, vegetarian menu, community events, and a unique gift shop. **Café Hours:** Monday to Friday from 8:30am-9pm, and Saturdays from 10am-4pm. Call 519-749-9177 ext. 227.
 - ◆ **Open Space:** Join us for coffee, tea, conversation, music, & relaxation! From 6:30-8:30pm every Monday. Everyone is welcome! We especially invite people with disabilities, their families, & caregivers.
 - ◆ **Open Mic Night:** for original singers/songwriters, as well as spoken word artists. Tuesday, October 6 from 7-9pm.
 - ◆ **g.k. & d'Arcess** will play a live show on Wednesday, October 14 at 7pm.
 - ◆ **The New Vibes Jazz Quartet** will play a show on Friday October 30 from 4:30pm - 7:30pm.
- **Recycle Cycles Community Bike Shop:** At 43 Queen St. S. **Hours:** Tuesday-Friday from 10am-5pm and Saturdays from 10am-2pm. Help refurbish old bikes, or fix your own bike with volunteer support (please call to book a time). Contact Jesse at 519-749-9177 ext. 222.
- **Sewing Classes:** The Sewing Room offers beginner and advanced sewing classes. Volunteers are available to assist with learning the machines, working from a pattern, and applying sewing techniques. **Class times:** Mondays: 9am-10:30am, 10:30am-12:00pm; Wednesdays: 9am-10:30am, 10:30am-12:00pm, 1pm-2:30pm, 2:30pm-4:00pm, Fridays: 11am-12:30pm. Call Margaret at 519-749-9177 ext. 232.
- **Worth a Second Look Furniture and Housewares:** Worth a Second Look is a thrift shop that provides the community with very low-cost used furniture and assorted houseware items. The store is located at 97 Victoria St. N. **Hours:** Monday to Friday from 9-5, and Saturdays from 9-4. We welcome donations of gently used goods during open hours. For more information, call 519-569-7566.

Computer Training

- **Computer Basics Class:** This 4-week course provides fundamental knowledge of computers to students with little or no experience. The next series of classes will begin on October 6. Classes are held Tuesdays from 1-4pm. Call Sergiane at (519)743-1151 ext. 236.
- **Drupal User Group:** All Drupal enthusiasts are welcome to join us for discussion and demonstration of topics for beginners and beyond. Held on the third Thursday of the month; October 15 from 7 to 9pm at 58 Queen Street South. Call Charles at 519-743-1151 ext. 121.
- **Self-Directed Computer Courses:** We offer a wide range of online tutorial courses. Learn at your own pace; also possible to work towards Microsoft certifications. Call us at 519-743-1151 ext. 236.

Other Events and Activities

- **The Commons Market Official Launch:** Come celebrate food in a creative

community environment as we officially launch The Commons Market at 43 Queen Street South on Wednesday, October 21 from 4pm-6pm. Help us to support local producers!

- **Housing Desk:** Looking for housing? We can help you in your search. **Hours:** Monday-Friday 1-4pm. Call 519-743-1151 ext. 117.
- **Immigration Law Clinic:** This clinic will run some Tuesdays and Thursdays. Check in at the front desk, and bring all your immigration letters and paperwork with you. **Clinic Dates and times:** Tuesday, October 6 from 1:30pm-4pm and Tuesday, October 20 from 2pm-4pm. Call Kirsten at 519-576-5941.
- **Living with Less Money Workshops:** See www.theworkingcentre.org/less
 - ◆ **Orientation Session:** Friday, October 9 from 10:30am to 12pm. Unsure where to start? Attend our Orientation Session for an overview of all the Living with Less Money supports offered at The Working Centre.
 - ◆ **Finance and Budgeting - Insights and Strategies:** Topics include: 'How debt accumulates', 'Understanding real costs of borrowing or buying on credit', and 'Where does the money go?' **Workshop Time:** Tuesday October 13 from 1:00 to 2:30pm. Call Rita at 519-743-1151 ext.127.
 - ◆ **Transportation - V, Cantilever, and Caliper Type Brakes:** Learn how to maintain and repair your bike's brakes. **Workshop Time:** Wednesday, October 21 at 6:30pm at 43 Queen St. S. Preregistration is required. Call Jesse at 519-749-9177 ext.222.
 - ◆ **Living Out the Choices:** This series offers an in depth look at choices we trade off in our lives and work. What really counts? What do we cherish most in our lives? Private writing exercises, a quiet reflective method called a card sort, and visual tools help participants study the major turning points of life, bringing fresh light to old dilemmas. This workshop is really about "talking to yourself as a fair witness." Participants should note that a thoughtful discernment of life values can be made in this workshop if sincere effort between sessions is contributed by group members. **Workshop Times:** Wednesday October the 7, 14, and 21 from 2-4pm. Call Teena at 519-743-1151 ext. 133.
 - ◆ **Reducing Computing and Communications Expenses:** Bills for internet, phone, and TV services can add up quickly. In this workshop we will explore ways to keep these expenses under control without feeling deprived. **Workshop Time:** Wednesday, October 14 at 7pm at 58 Queen St. s. Call Paul at 519-743-1151 ext. 147.
 - ◆ **Work Options:** The world of work is changing. Traditional forms of work such as permanent jobs with a 40-hour work week are disappearing. What can we do to find meaningful work and meet our needs in such a climate? They will help you to respond in positive ways, to identify and explore alternatives to full-time employment, identify your skills and values, and exchange ideas on how to match your needs and priorities with the options available to you. **Workshop Times:** Tuesdays, October 14, 21, and 27 from 11am to 12:30pm. Call Karen at 519-743-1151 ext.230.

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Many of The Working Centre's employment programs are made possible by funding from *Employment Ontario*.